



Beginner Rider Resources

This section is designed to help newer riders build confidence, skills, and safety knowledge as they grow into motorcycling at their own pace.

Safety Training & Courses

Motorcycle Safety Foundation (MSF) — A national program offering rider training and education for all skill levels. You can find local courses by entering your ZIP code on the MSF website. Courses cover basic motorcycle control, street strategies, and more. [MSF RiderCourses & Training \(search provider near you\)](#) [Motorcycle Safety Foundation](#)

MSF Basic eCourse — An affordable online introduction that covers control basics and riding principles. [Motorcycle Safety Foundation](#)

Local Training Options (Boise & Idaho)

Idaho STAR Motorcycle Safety Program — Offers hands-on courses in Idaho that help riders develop physical skills and mental strategies in a controlled environment. Courses range from introductory to more advanced levels. [Idaho STAR Motorcycle Safety Program courses](#) [idahostar.org](#)

Typical STAR training includes:

- Intro to Riding
- Basic Rider Training (Level I)
- Enhanced Skills and Intermediate courses
(availability varies by season and location) [idahostar.org](#)

High Desert Harley-Davidson Learn to Ride Program — A local MSF-based training curriculum offered in the Boise area with certified instructors. [High Desert Harley-Davidson MSF training information](#)

Riding Tips & Confidence Building

Before You Ride

- Practice basic skills in a parking lot: starting, stopping, turns, and slow-speed control



- Walk a route or practice signal understanding before hitting the road

On Your First Group Ride

- Ride your own ride — nobody expects you to keep up with others
- Use hand signals and regroup frequently
- Don't hesitate to let a ride leader know if you're nervous or need support

Ongoing Skills Growth

- Schedule regular practice sessions with a mentor or buddy
- Attend Steel Sirens Society Skills Clinics
- Consider advanced or refresher courses once you're comfortable
- Watch instructional videos or read manuals to reinforce learning

Helpful Reference Materials

- **MSF Basic RiderCourse Handbook** — A comprehensive guide to beginner riding techniques and safety principles (available digitally). [Motorcycle Safety Foundation](#)

Remember

Everyone learns at their own pace. Training courses, practice, and supportive group rides all help build **confidence, skill, and enjoyment**. If you're unsure where to start, you can always ask a mentor in the group — we've all been beginners once!