



Ride Day Guidelines

These guidelines help keep our rides safe, relaxed, and fun. They are not about perfection — just shared expectations so everyone feels comfortable riding together.

Ride Types

Rides may be labeled to help you choose what feels right:

- **Beginner**
 - New riders or new to group rides
 - Slower, relaxed pace
 - Shorter distance
 - Frequent regrouping
 - Simple routes, low pressure
 - Perfect for learning and building confidence
- **Intermediate**
 - Comfortable in traffic
 - Confident with turns and lane changes
 - Moderate pace
 - Longer routes, some curves
 - Regular regrouping
 - Great balance of fun and flow
- **Advanced**
 - Very confident riders
 - Comfortable with longer, curvier routes
 - Brisk but respectful pace
 - Fewer stops
 - For experienced riders who want a challenge

You are always encouraged to ride your own ride.

Before the Ride

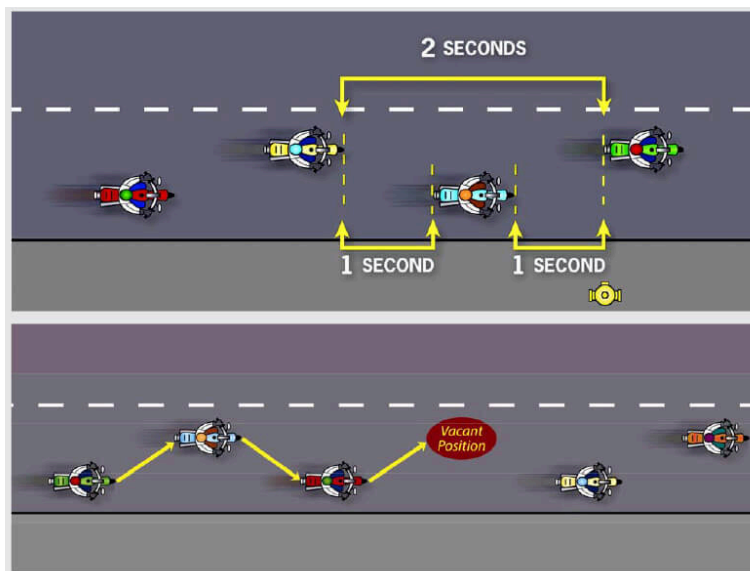
- Arrive with a **roadworthy bike** (fuel, tires, brakes)
 - Wear riding gear you're comfortable in
 - Helmets, gloves, and eye protection are required
 - Over the ankle boots, pants, and long sleeves recommended
 - Be prepared to show ride leader endorsement and proof of insurance/registration
 - Bring water and anything you may need
 - Let the ride leader know if you're new or feeling nervous
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During the Ride

- Ride your own ride — **no pressure to keep up**
- Follow traffic laws and ride predictably
- Signal or pull over safely if you need to stop or leave early
 - Tail rider will check in with you, wave them on if you are done and do not need/want assistance

Riding Formation

- We'll be riding in a **staggered formation** as our default.
 - Keep a 2–3 second following distance
 - Be aware of spacing between motorcycles, if someone is wanting more space in front, they most likely want more space behind them for comfortability
 - Stay offset, not side-by-side
 - Lead will always be on the left
 - Think of a zig zag formation (left - right - left right)
 - If weather turns bad, increase your following distance (more spacing)



We'll switch to **single file** on:

- Curvy roads & Narrow sections

- When we call a single file, that means everyone falls directly in line behind the rider in front of them—no staggering. This helps keep the group predictable, especially on twisty or technical roads.
- Try to maintain a consistent lane track so riders behind you can read what you're doing.
 - You still have the full lane to work with
 - Use the rider in front as a reference, but keep your eyes moving through them and down the road—don't stare at them. You want to ride your own line, not chase theirs
 - Adjust your position for road hazards or set yourself up for corners in a way that feels safe and comfortable for you

Other Key Reminders:

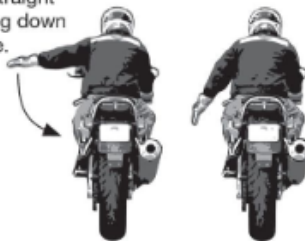
- Keep movements smooth and predictable as much as possible
 - Sudden weaving or drastic line changes might throw off another rider
- We ask that no one passes other riders in the group ride. Everyone is riding at their own pace within the formation, and passing can create confusion in spacing and increase risk if someone is setting up for a corner or reacting to road conditions
- We will do side-by-side only for stop signs / lights to get through them quicker then return to staggered formation

Hand Signals

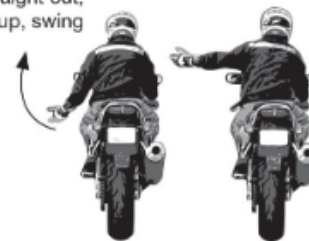
Make sure you're familiar with basic signals:

- Speed Up / Slow Down

SLOW DOWN Arm extended straight down, swing down to your side.



SPEED UP Arm extended straight out, palm facing up, swing upward.



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- Single file / staggered

SINGLE FILE
 Arm and index
 finger extended
 straight up.



Staggered will be similar to
 this but a closed fist instead

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Double File - arm with index and middle
 finger extended straight up



- Hazards in the road

**HAZARD IN
 ROADWAY** On
 the left, point with
 left hand; on the
 right, point with
 right foot.



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- Fuel or pull off

FUEL Arm out to side
 pointing to tank with
 finger extended.



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Ride Etiquette & Safety

- We ride to the lowest skill level in the group



- Beginner riders stay toward the front
 - No racing, showing off, or aggressive riding
 - No riding under the influence of alcohol or drugs (follow local laws)
 - Anyone riding unsafely may be asked to sit out for group safety
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Emergency Plan

If there's an emergency:

- Prioritize scene safety first
 - Call 911 if needed
 - Do not remove a helmet unless necessary
 - Tail and lead will coordinate the situation
 - Tail rider will have the emergency kit
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Weather & Conditions

- Rides may change or cancel due to weather or road conditions
 - It's always okay to opt out — listen to your instincts
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What to Expect on Your First Ride

- A welcoming, judgment-free environment
- Riders of mixed experience levels
- Frequent regrouping at checkpoints
- Support from ride leaders and fellow riders
- Zero pressure — it's okay to leave early or just observe
 - If leaving early from a ride, please communicate with a leader so we aware

If you have questions or need support, just ask — **we've all been new before.**

**By joining a ride, you agree to follow these guidelines.
Ride your ride. Look out for each other. Have fun.**